




Outbreaks on Secure Wards




Shifting Horizons
Solid Foundations



Sharon Kelly RN CIC



Prevention

 **Be ready**

- ✓ **Organize the outbreak packages**
 - Surveillance forms
 - Fact sheets/pamphlets
 - Posters/signage/memos/e-mails

Infection Control – It Works!



Prevention/Poster

POTLOCK

Invite your friends
... not the 'bugs'

Having a social event with food?

Don't Share Bugs This
Holiday Season

Infection Control – It Works!

Prevention


Be ready

- ✓ **Organize the outbreak packages**
 - Surveillance forms
 - Fact sheets/pamphlets
 - Posters/signage/memos
- ✓ **Education/Give the facts**
 - Give timely education sessions
 - 'you have to eat it to get it'
 - 'people die from influenza'
- ✓ **Keep staff on the lookout!**



Infection Control – It Works!

Lookout



Lookout Hills at Gros Morne National Park. Infection Control – It Works!

When it Hits!

- ✓ **Call the OBT meeting early**
- ✓ **Inform all staff in your Facility**
- ✓ **Clear messages**
 - Areas affected
 - Isolation
 - Unit/patient activities
 - Visiting
 - Staff expectations
- ✓ **Give updates - include**
 - # of cases
 - One point IC reminder



Infection Control – It Works!

Surveillance

- 🐛 Easy data collection form
- 🐛 Daily visits – Be visible
 - ✓ Define what you want reported
 - Good history of symptoms
 - 'normal' for the patient
 - ✓ Speak to staff
 - You need them to understand what they are doing and why
 - You want them to think about their actions



Infection Control – It Works!

Patient Challenges


- 🐛 Symptoms
 - ✓ Can't or won't tell
 - ✓ Too late for samples
- 🐛 Hand Hygiene
 - ✓ Don't know how
 - ✓ Don't remember
- 🐛 Share everything
 - ✓ Rooms
 - ✓ Food
 - ✓ Clothes
- 🐛 Confusion
 - ✓ Changes in routine/care/staff



Infection Control – It Works!

Hand Hygiene

- 🐛 Patients need help
 - ✓ Set a time for routine hand hygiene
 - ✓ Implement a 'before eating' process
 - **NOT ONLY FOR OUTBREAKS!**
- 🐛 Staff need help
 - ✓ Focus on themselves and clean their hands after touching patient
- 🐛 Visitors need help
 - ✓ Make it really easy to clean hands and hard not to comply



Infection Control – It Works!

Control Measures

- 🦟 **Influenza**
 - ✓ Vaccination
 - ✓ Prophylaxis
- 🦟 **Norovirus**
 - ✓ Keep it out of the building
 - ✓ Strict exemption for staff
- 🦟 **Early segregation on unit**
 - ✓ Confine to room
 - ✓ Cohort/designate area for symptomatic 'wanderers'



Infection Control – It Works!

Visitors

- 🦟 Same rules as for symptomatic staff
- 🦟 Education
- 🦟 Please do not bring in food
- 🦟 Do not visit kitchen/supply room
- 🦟 Enforce strict visiting
 - ✓ Greeting cards to be brought to patient by volunteer



Infection Control – It Works!

Food Concerns


- 🦟 1st major outbreak
 - ✓ Tim bits at nursing station
 - ✓ NO eating in the clinical area
- 🦟 Restrict kitchen access
- 🦟 Remove all community food items
- 🦟 Single food items
- 🦟 Watch for hoarding



Infection Control – It Works!

Why won't "IT" go Away

- 🦠 Decrease the traffic to the unit
 - ✓ Audit people who visited the unit
 - ✓ Volunteer gave information and asked visitors to wash hands
 - 12 hours
 - 50 persons entered unit
 - Excluded 8 staff posted
 - Didn't count the ones who walked away
- 🦠 How many people really needed to be there?



Infection Control – It Works!

Why won't "IT" go Away

- 🦠 Observe how things are done
 - ✓ PPE
 - ✓ Evening snacks
- 🦠 No laxatives or bowel regimes
- 🦠 Handling of Attends
- 🦠 Cover the toilet before flushing
- 🦠 Have you ever washed your keys?
 - ✓ Other shared keys




Infection Control – It Works!

Why won't "IT" go Away

“Practicing 21st Century
 medicine in a
 19th century environment”

Thank you



Infection Control – It Works!
